

ALL I WANT FOR CHRISTMAS IS A...

Forget Jimmy Choos, a designer dress, or that weekend shopping spree in New York. London women are more likely to want a fuller chest or plumper lips for Christmas. **Andy Jones** talks to four females undergoing boob jobs and festive faceovers

FACE MOT

Abby Beck, 24
Fashion executive



Abby from Chiswick is having a skin peel and teeth-whitening treatment from her 27-year-old boyfriend Ben Timms. While the peel is something older women go for, Abby feels she needs it.

"I spent an entire year where every Thursday I'd visit a sun bed - I just wanted to get browner. My skin was dry and battered," she says.

Paying £600 to have your dead cells burnt off with chemicals may not sound like a Christmas gift, but Abby insists it's the best she's ever had.

Abby, having her teeth whitened at a cost of £350 to combat the "copious amounts" of coffee and tea she drinks, says she hopes the treatment will repair some of the damage that too many late nights and not enough dental care have done.

"I come in and crash out without brushing them and the next day I feel like I've eaten a kitten."

"I talked to Ben about having this work done for ages - he said if that's what I really want, then that's fine."

Skin Peels:

The peel Abby is having costs £600 from Botonics, though other "easy peels" cost £300 for a course of four.

Teeth Whitening:

One-hour professional laser whitening treatment costs £350.

BOTOX

Kaja Lukaszewicz, 32
Fitness instructor

Kaja has always put hours into having the perfect bod, but unfortunately has never managed to shift the troublesome wrinkles from her forehead.

Her masseur boyfriend Piotr Wójcik, 29, bought her a full makeover - skin peel, dermal fillers and teeth whitening. She was determined to have the dermal fillers which smooth out skin using Botox, after she realised she cared more about her wrinkles than her smile.

"I thought I am still a young woman, I don't deserve to look like dry prunes," says Kaja, from Brompton. Having had each wrinkle in her forehead injected with Botox, and Restylane injected into her upper lip to smooth it out, Kaja also had a chemical peel to repair sun damage. "All the main lines on my face disappeared after four days," she says - although she admits she was left with swollen "Homer Simpson" lips for a week after her Restylane injections.

Dermal fillers: Fillers, including Botox, from £250 per injection from Botonics, botonics.co.uk, 0845 680 1964



LIP ENHANCEMENT

Jenny Scott, 22
PA



It's not just boyfriends who are looking out for their lovens. Jenny gets £500 from her boss each year as a Christmas bonus. She normally treats herself to clothes but this year she is seeing herself off with £400 lips.

"My lips are thin and rubbish," she says, "the top one is especially thin

and I have always really hated them."

Jenny is depending her bonus on a new smooch would be the greater for her self-esteem than just buying a new coat. "Why waste time on a wardrobe when you can reinvent yourself?" she adds. For surgery details, visit www.botonics.co.uk

BOOB JOB

Karen Igho, 23
Model

Christmas came early for Karen from Surrey when her boyfriend paid for some new breasts.

"It was a joint decision, though I suggested it," says Karen, who had £4,000 of surgery to go from a B/C cup to a DD. "Having the breasts has made me feel confident and sexy."

At the MYA clinic in west London, she had two consultations before the simple operation.

"I woke up and saw boobs and was like, 'this didn't even hurt at all'," she says. "They even feel nicer - it's a present for both of us."

Four weeks later, Karen's scars were healed, and she is considering next year's Christmas present: "I would definitely like to make my nose smaller."

Karen hopes her new figure will ignite a modelling career. "I was a model in lifestyle magazines, but never stood out. Now I get compliments about my figure without wearing revealing clothes."

For a free consultation with no obligations, visit www.mya.co.uk or call 0800 014 1014



BUSTING OUT | Karen Igho shows off her new curvy figure after a boob job

Gift recall scandal

Most people cannot recall a single gift they received last Christmas, according to a recent survey.

Although Christmas is one of our favourite times of year, the memory of much-awaited presents fades soon after they are opened, with only one in ten people recalling what they received.

Women are just as likely to forget Christmas presents as men, with a taking up a minute to recall at least one giving or receiving a Christmas gift. Christmas presents are often forgotten, with only one in ten people recalling what they received.



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