



'I was scared of looking completely overdone!'

When Jan Edwards, 50, from Cambridge, went for cheek fillers she was wracked with nerves, but the way her doctor handled things left her feeling relaxed and confident.

'When I looked in the mirror I saw a woman who was tired and sad, yet the reality was I was neither of those things. So I made an appointment at the Botonics clinic.

'My immediate concern were my nose to mouth lines, and I asked about having them filled, but my consultant pointed out the hollowness of my cheeks. I was told if I had my cheeks filled out, that would lift the skin and soften the lines.

'I made the appointment, but doubts started to creep in. Would it hurt? Would it look okay? Would I be safe?

'One of the main reasons I opted for a non-invasive treatment rather than surgery was because I didn't want a drastic change. I just wanted to look fresher, but I started to worry now whether something would go wrong. I didn't want to come out of the clinics with cheeks so full I looked like a chipmunk!

'On the day, my consultant assured me that wouldn't happen. She would gently fill the area, putting in a little less than she thought was necessary. That made me feel better, but as the first needle went in, I was really nervous.

'Once the injections had settled, I realised my consultant was right, I could have done with a little more filler. So I opted to go back for more. I am so pleased the clinic approached the treatment with a softly softly attitude. I don't think I could have coped with a drastic change. I had faith in my consultant and I'd definitely have it done again.' Cheek implants from £500. Call 0945 690 1964; botonics.co.uk ■



Photo: *Portrait of a Woman* by The Photographers of the
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www.bsp.org.uk

Feature: Jan Edwards' Photography: Shutterstock