



JOOP! JUMP BEACH UBBING 125ml £25 ailable nationwide



JASPER CONRAN II MAN 125ml £25 (08457-697072)





SUMMER SPLASH

Q I have some spare dosh to splash out on a fancy aftershave but I don't have a clue what to get, I just need a list of good ones to pick from.

Nick, Oxford

Doc I'll keep it simple for you, Nick. Five sweet new summer fragrances and three classics. It's your choice, obviously, but all of these are very nice indeed.

All-Time Classics

These three are guaranteed to make any lady weep. She may have smelt them before but if you get laid, who cares?







DAB & SNIFF Apply the aftershave to your pulse points. The blood vessels are closest to the surface here, giving off more heat, which radiates the scent. Pulse points are the wrist, behind the ear, the chest, the inside of the arm and knee, the lower neck and ankles. For an even longer-lasting smell, spray on your hair – it's the only place that you won't touch, so the scent will stay there.



STAY WRINKLE FREE

Q I've noticed frown marks on my forehead and a few wrinkles around my eyes, and I'm bricking it. My girlfriend said I should get botox. What the hell is it? Or are there any creams I can use, too?

Robert, Chester

Doc Botox is becoming very popular with men. It's a substance called botulinum toxin that is injected into your wrinkles and works by preventing nerve impulses from reaching the muscle, causing the muscle to relax. Source a clinic from one of the many on the web. Or, for face-firming creams, see right.



Trilogy Purifying Masque £15.95 (01403-786035)

Notox-PP3 A tube costs £99.99 (602) exclusively at Farmacia Urban Healing (0870-118123/www.farmacia123.com



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Make me young again.