

Swift beauty fixes



◀ says: 'We offer non-invasive, anti-ageing treatments that can be done in under 60 minutes. Restylane and Sculptra are popular with women who want subtle, non-painful procedures.'

Consultant Dermatologist Dr Nick Lowe says: 'I believe it's an area that is showing evidence for growth. People in the UK are becoming more knowledgeable about treatments and future trends will depend on the results of new studies.'

He expects developments in fibroblast (connective tissue cells) injectibles and plasma resurfacing, where skin is regenerated using nitrogen plasma heat treatment.

So can you really turn back the years in less than 60 minutes? We look at the latest treatments to find out what they involve, and whether they really work.



The latest injectibles

Restylane is a hyaluronic acid filler that is used to fill wrinkles and lines. It is made from a natural substance found in the body and is biodegradable. It is used to fill wrinkles and lines, such as the lips, cheeks, and under-eyes. It is also used to fill in the hands. Restylane is a popular choice for women who want subtle, non-painful procedures. It is also used to fill in the hands. Restylane is a popular choice for women who want subtle, non-painful procedures.

Wrinkle treatments

Time 30 minutes.

Cost From £200 per vial.

Lasts 3-5 months.

What is it? The ultimate in quick-fix beauty treatments, Botox has now also become the

most convenient, with more and more people going back for further top-up treatments.

The fix Small, highly diluted doses of Botulinum are injected to temporarily paralyse the facial muscles that make wrinkles. The result is not permanent and top-up injections are needed every few months. Some doctors claim Botox can help prevent deeper lines forming as it retrains muscles, but some people can react with temporary complications, including droopy eyebrow or difficulty with facial expressions.

Best for Reducing the appearance of fine lines and wrinkles.

Appointment Botonics, 07931 108 222 (you can visit their clinic or they can arrange home or office calls) or visit www.botonics.co.uk



Top-up injections are needed every few months

BEFORE

AFTER

