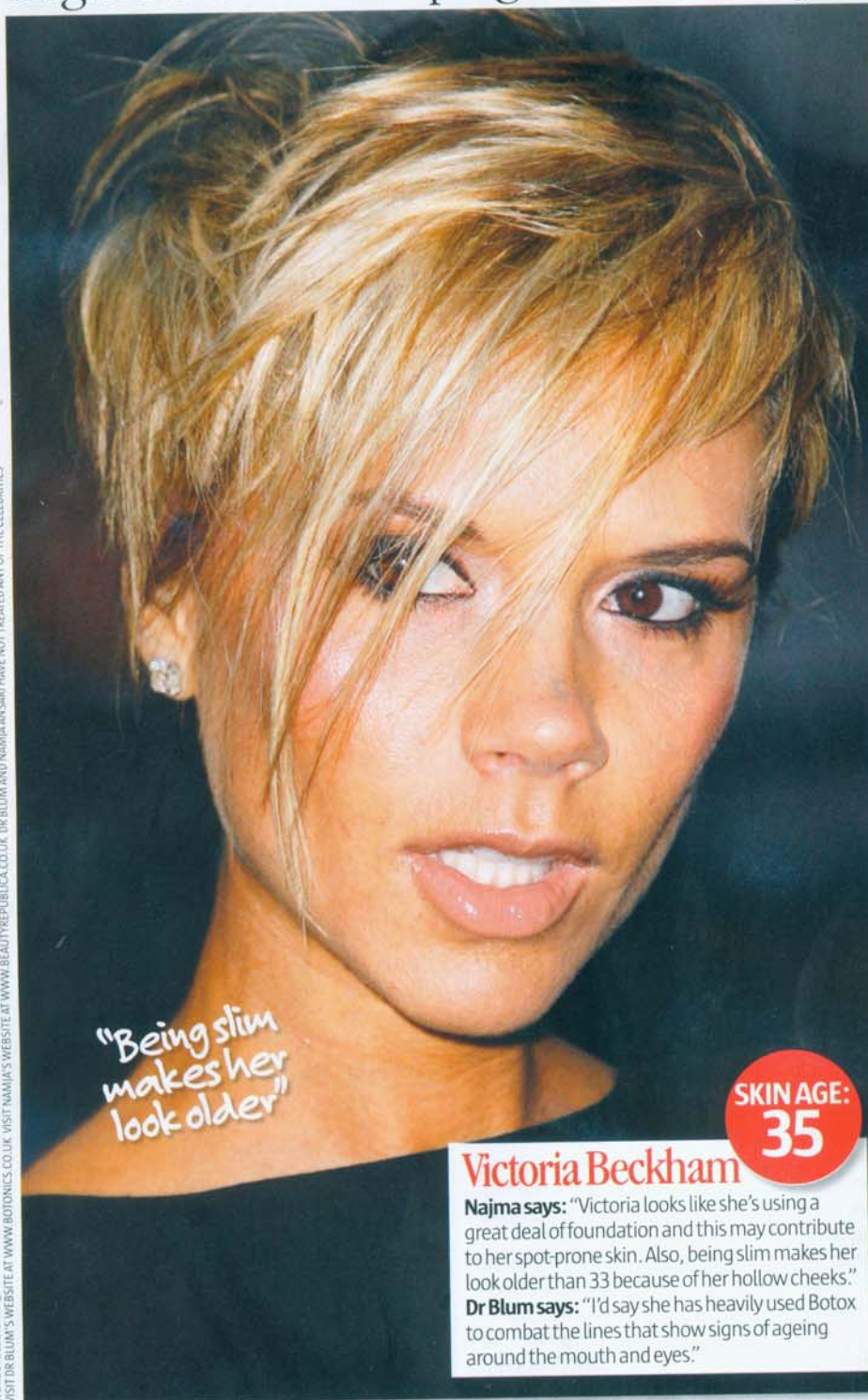


Can You Believe

As Victoria Beckham celebrates her 33rd birthday this week, we might have had a helping hand. Our experts, dermatologist Nam



"Being slim makes her look older"

SKIN AGE:
35

Victoria Beckham

Najma says: "Victoria looks like she's using a great deal of foundation and this may contribute to her spot-prone skin. Also, being slim makes her look older than 33 because of her hollow cheeks."

Dr Blum says: "I'd say she has heavily used Botox to combat the lines that show signs of ageing around the mouth and eyes."



SKIN AGE:
29

Tyra Banks

Najma says: "Although her styling makes her appear older, Tyra's high forehead opens up her eyes, which stops her looking 'tired'. She has great skin so will always look much younger."

Dr Blum says: "Her high eyebrows could be a sign of Botox but she still looks younger than 33 - she has barely any lines around her mouth."



SKIN AGE:
36

Neve Campbell

Najma says: "Neve has lines at the corners of her mouth and has lost volume in her cheeks and firmness around her jawline. She also has some visible age spots on her forehead and cheeks."

Dr Blum says: "She has forehead lines, which are a sign of ageing and possible sun exposure, but she doesn't look like she's had any work done."

WORDS: DEBBIE MCQUOID PHOTOS: SOLARBY, REK FEATLURES, RETNA, BIGPICTURES/PHOTO.COM, EYEVINE, FILMAGIC.COM, EMPICS, WIREIMAGE.COM VISIT DR BLUM'S WEBSITE AT WWW.BEUTYPUBLICA.CO.UK VISIT NAJMA'S WEBSITE AT WWW.BEUTYPUBLICA.CO.UK

It? They're All 33!

Take a look at who's blessed with good genes and who looks like they've had work done. Dr Najma Ansari and plastic surgeon Dr Cecile Blum, give their verdict...



SKIN AGE:
35

Juliette Lewis

Najma says: "Juliette's eyelids have become heavy with age and she has slight bags under her eyes. She also looks like she has a few broken capillaries around the cheeks."

Dr Blum says: "I'd say her frown lines have been treated with Botox at some point, although not recently, as she does look older than her years."



SKIN AGE:
36

Kate Moss

Najma says: "Although still beautiful, Kate's skin appears lacklustre and the lines between her nose and mouth are becoming deeper, which are a sign of smoking. Her complexion is quite grey."

Dr Blum says: "She looks like she's had Botox on her forehead and under her eyes. Her party lifestyle seems to have taken its toll on her skin."



SKIN AGE:
35

Penélope Cruz

Najma says: "Penélope is stunning and clearly takes good care of her skin but, like many olive-skinned women, has a problem with dark circles under her eyes. Eye gel can help."

Dr Blum says: "She has a few lines around her eyes. She looks as if she may have had some work done, possibly Botox around her mouth and eyes."



SKIN AGE:
30

Natalie Appleton

Najma says: "Natalie looks like she has oily skin, which ages well. She has a pretty young look but if she doesn't cleanse and tone properly to tighten those pores she'll start to lose the age battle."

Dr Blum says: "Natalie looks very young, she's obviously blessed with good genes. She hasn't had work done - you can see her natural lines."



SKIN AGE:
33

Kate Beckinsale

Najma says: "Kate has a very smooth complexion so I suspect she's had microdermabrasion or a chemical peel. Although she doesn't have many wrinkles she does look 33 - but a youthful 33."

Dr Blum says: "She has a few crows' feet so it's unlikely she's had Botox, but her high eyebrows suggest she may have had some work there."



SKIN AGE:
29

Tori Spelling

Najma says: "Tori's skin is in good condition for someone of her age so I imagine she has regular facials and uses good products."

Dr Blum says: "Her expression should show more character than it does - in my opinion she's had Botox and a possible eye lift. She looks young but to me it's obvious she has had surgery."